

Spring Clean With Essential Oils



You are invited to join this fun-filled class
full of DIY home recipes to spruce up your household
And your spirit!

Tues. June 15th 5:00pm
West Ames Club Room

Learn the basics of using essential oils, discuss their benefits and
use them in a recipe to take home

\$10/person

Come experience the fragrance of natural healing

Register on your personal computer by going to West Ames Hy-Vee/
Calendar of events

